

Psychology and Poetry Therapy Articles and Book Chapters I've Authored or Co-Authored

- Stepakoff, S. (2014). *Graphopoetic process*. In B. Thompson & R. Neimeyer (Eds.), *Grief and the expressive arts: Practices for creating meaning* (pp. 66-70). NY: Routledge.
- Stepakoff, S., Hussein, S., Al-Salahat, M., Musa, I., Asfoor, M., Al-Houdali, E., & Al-Hmouz, M. (2011). *From private pain toward public speech: Poetry therapy with Iraqi survivors of torture and war*. In E. G. Levine & S. K. Levine (Eds), *Art in action: Expressive arts therapy and social change* (pp. 128-144). Philadelphia, PA: Jessica Kingsley Publishers.
- Stepakoff, S., & Ashour, L. (2011). *Reading and writing: Working with traumatic grief among Iraqi refugees in Jordan*. *The Forum: Quarterly Publication of the Association for Death Education and Counseling: Special Issue on Expressive Therapies in Thanatology*, 37, 22-23.
- Stepakoff, S. (2009). *From destruction to creation, from silence to speech: Poetry therapy principles and practices for working with suicide grief*. *The Arts in Psychotherapy (Special Issue on Creative Arts Therapies in the Treatment of Trauma)*, 36, 105-113. (Reprinted in the book *Expressive Therapies*, edited by Nicholas Mazza, Routledge, 2017)
- Beebe, B., Badalamenti, A., Jaffe, J., Feldstein, S., Marquette, L., Helbraun, E., Demetri-Friedman, D., Flaster, C., Goodman, P., Kaminer, T., Kaufman-Balamuth, L., Putterman, J., Stepakoff, S., & Ellman, L. (2008). Distressed mothers and their infants use a less efficient timing mechanism in creating expectancies of each other's looking patterns. *Journal of Psycholinguistic Research*, 37, 453-454.
- Stepakoff, S. (2007). *The healing power of symbolization in the aftermath of massive war atrocities: Examples from Liberian and Sierra Leonean survivors*. In N. Mazza (Ed.), *Expressive Therapies*, Routledge, 2017.
- Klagsbrun, J., Rappaport, L., Marcow-Speiser, V., Post, P., Byers, J., Stepakoff, S., & Karman, S. (2005). *Focusing and expressive arts therapies as a complementary treatment for women with breast cancer*. *Journal of Creative Arts in Mental Health*, 1, 107-137.
- Stepakoff, S. (2003). *Searching for a story that makes sense: Bibliotherapy with a six-year-old boy in transition from long-term foster care to adoption*. In D. J. Betts (Ed.), *Creative arts therapy approaches in adoption and foster care* (pp. 97-130). Springfield, IL: Charles C. Thomas.
- Stepakoff, S. (1998). *Effects of sexual victimization on suicidal ideation and behavior*. *Suicide & Life-Threatening Behavior: Special Issue on Gender, Culture, & Suicidal Behavior*, 28, 107-126.
- Stepakoff, S. (1997, May). *Poetry Therapy for Enhanced Appreciation of Gay and Lesbian Lives*. 17th Annual Conference of the National Association for Poetry Therapy, Cleveland, Ohio.
- Beck, E. T., & Stepakoff, S. (1995). *Lesbians in psychoanalytic theory and practice*. *Feminist Studies*, 26, 477-495.

Note: The list above does not include publications that are specifically on the topic of testifying in an international war crimes tribunal and experiences, motivations, support needs in war crimes witnesses.

Click here for a list of my publications on these **human rights issues**, or go to the "Human Rights" page on this website.

Psychology and Poetry Therapy Presentations and Workshops I've Designed and Facilitated

- Stepakoff, S. (2018, June). *Milton Was Wiser Than Freud: Twelve Types of Dreams in Paradise Lost*. 35th International Conference on Psychology and the Arts, Dubrovnik, Croatia.
- Stepakoff, S. (2018, June). *Fifty Shades of God: Dreams of the Divine in a Woman from Young Adulthood to Late Middle Age (part of a Research Panel titled "Dreams about God across Historical and Cultural Contexts", chaired by Kelly Bulkeley)*, paper presented at the 35th Annual Conference of the International Association for Study of Dreams, Scottsdale, Arizona. (This paper will be submitted for publication in the Fall of 2018 with the inclusion of Kelly Bulkeley as first author and me as co-author, whereas for the IASD conference presentation I am the presenter and Kelly is both a co-author and the Chair of the panel.)
- Stepakoff, S. (2018, June). *The Soundtrack of the Soul: Using Songs to Interpret Your Dreams*. Workshop, 35th Annual Conference of the International Association for Study of Dreams, Scottsdale, Arizona.
- Stepakoff, S. (2017, June). *"In the Middle of Our Life's Journey": A Psychological Perspective on Poems About Midlife*. 34th International Conference on Psychology and the Arts, Palermo, Sicily.
- Stepakoff, S. (2017, June). *The Trajectory from Trauma to Transformation: Evidence from a Long-Term Dream Series in a Survivor of a Violent Kidnapping*. 34th Annual Conference of the International Association for Study of Dreams, Anaheim, CA.
- Stepakoff, S. (2016, June). *Representations of Failure in Contemporary Poetry: A Jungian Perspective*. Paper presented at the 33rd International Conference on Psychology and the Arts, Université de Reims, France.
- Stepakoff, S. (2015, Nov). *Uses Of Poetry in Psychotherapy with Older Adults*. Featured presenter at the monthly meeting of the Geriatric Mental Health Coalition of Westchester, St. Vincent's Hospital, Harrison, NY.
- Stepakoff, S. (2014, April). *The Power of 'Found Poetry' In Contexts of War*. Invited keynote presentation at 5th Annual Arts in Healthcare Conference at Lesley University, Cambridge, Mass., Arts and Global Health: Art, Memory, and Testimony in the Aftermath of Trauma.
- Stepakoff, S. (2009, July). *The Utilization of Poems, Proverbs, Stories, and Expressive Writing in Psychotherapy with Iraqi Survivors of Torture and War Trauma – Insights from the First Six Months of CVT's Work in Amman*. Invited presentation for 35 staff of a variety of NGOs providing mental health care and psychosocial support for Iraqi refugees in Jordan.
- Stepakoff, S. (2006, June). *The Role of the Creative Arts in Recovery From Genocide, Torture, and War: Examples from Research and Practice with Cambodian and West African Survivors*. Conference of the Solomon Asch Center for the Study of Ethopolitical Conflict, Philadelphia.
- Stepakoff, S. (2003, May). *Using Poetry in the Therapeutic Relationship in the Aftermath of Trauma and Loss*. Beth Israel Deaconess Medical Center, Boston, Invited Presentation for the Continuing Education Program of the Department of Social Work.
- Stepakoff, S. (2002, April). *Poetry Therapy for Bearing, and Being With, Tragedy*. Workshop, 22nd Annual Meeting of the National Association for Poetry Therapy, Denver, Colorado.

- Stepakoff, S. (2002, April). *Praise Poems: Learning from African Traditions*. Workshop, 22nd Annual Meeting of the National Association for Poetry Therapy, Denver, Colorado.
- Stepakoff, S., Beebe, B., & Jaffe, J. (2000, July). *Mother-infant tactile communication at four months: Infant gender, maternal ethnicity, and maternal depression*. Paper presented at the International Conference of Infant Studies, Brighton, England.
- Beebe, B., & Stepakoff, S. (2000, May). *Infant Research and the Origins of Relatedness: Variations by Maternal Depression, Ethnicity, and Infant Gender*. Paper presented at the 11th International Forum of Psychoanalysis: Culture & Psychoanalysis, William Alanson White Institute, New York.
- O'Connell, K., & Stepakoff, S. (1998, July). *Medical Dreamwork: Ancient Foundations, Modern Applications*. Paper presented at the 15th Annual Conference of the Association for the Study of Dreams, Laie, Hawaii.
- Stepakoff, S. (1998, July). *Poetry Therapy Methods for Working With Dreams*. Workshop, 15th Annual Meeting of the Association for the Study of Dreams, Laie, Hawaii.
- Stepakoff, S. (1998, May). *Next Time More Keening: Poetry Therapy for Speaking Our Truths About Cancer*. Workshop, 18th Annual Conference of the National Association for Poetry Therapy, San José, California.
- Dennis, A., & Stepakoff, S. (1997, March). *Breaking the Silence on Sibling Violence*. Workshop, 22nd Annual Conference of the Association for Women in Psychology, Pittsburgh, Pennsylvania.
- Stepakoff, S. (1997, March). *Poetry Therapy for Healing After Separation and Relationship Loss*. Workshop, 22nd Annual Conference of the Association for Women in Psychology, Pittsburgh, Pennsylvania.
- Stepakoff, S. (1996, May). *Poetry Therapy When a Love Relationship Ends*. Workshop, 16th Annual Conference of the National Association for Poetry Therapy, Columbia, Maryland.
- Stepakoff, S. (1996, March). *Poetry Therapy for Group Exploration of Feelings About HIV/AIDS*. 10th Annual Clinical Conference of the Institute for Human Identity, New York.
- Stepakoff, S. (1995, June). *The Power of Metaphor in Poetry and Dreams*. Workshop, 12th Annual Meeting of the International Association for the Study of Dreams, New York.
- Stepakoff, S. (1994, July). *Poemwork: A Synthesis of Dreamwork and Poetry Therapy*. Workshop, 11th Annual Conference of the International Association for Study of Dreams, Leiden, Netherlands.
- Stepakoff, S. (1994, April). *Existential Isolation and the Yearning for Connection: A Poetry Therapy Approach*. Workshop presented at the 14th Annual Conference of the National Association for Poetry Therapy, Columbia, Maryland.
- Stepakoff, S., & Dennis, A. (1994, March). *Poetry Therapy with African American and Jewish Women: From Talking in Circles to Creating a Conversation*. Workshop presented at the 19th Annual Conference of the Association for Women in Psychology, Oakland, California.
- Stepakoff, S. (1993, October). *Poetry Facilitation for Enhanced Awareness of Ethnocultural Identity*. Workshop presented for the Interdisciplinary Interest Group on Culture, St. John's University, New York.
- Stepakoff, S. (1993, April). *Poetry Therapy for the Promotion of Body Acceptance*. Workshop presented at the

13th Annual Conference of the National Association for Poetry Therapy, Baltimore.

Stepakoff, S. (1992, August). *Lucretia's Legacy: The Role of Rape in Women's Self-Destruction*. Paper presented at the 100th Annual Convention of the American Psychological Association, Washington, DC.

Stepakoff, S. (1988, August). *Tortured Children: The South African Legacy*. Paper presented at the 96th Annual Convention of the American Psychological Association, Atlanta, Georgia.

Stepakoff, S. (1986, May). *Using Organization Development with Youth Gangs*. 16th Annual Conference of the Organization Development Institute, Williams Bay, Wisconsin.

Note: The above list does not include presentations/workshops that focus specifically on human rights work.

Click here for a list of my [presentations](#) on **human rights issues**, or go to the "Human Rights" page on this website.

lick here for a list of my [workshops](#) on **human rights issues**, or go to the "Teaching/Training" page on this website.

To learn about my work as a **registered poetry therapist and poetry therapy mentor/supervisor**, credentialed by the National Federation of Biblio/Poetry Therapy, and my work designing and facilitating graphopoetic™ process experiences to strengthen cohesiveness in groups and communities and to build bridges across human differences, please visit my separate website, www.graphopoetic.com.

To learn about my work as a **professional dream interpreter**, drawing on ancient traditions in non-clinical, non-medical settings to support people in learning from dreams, please visit my separate website, www.professionaldreaminterpretation.com.